



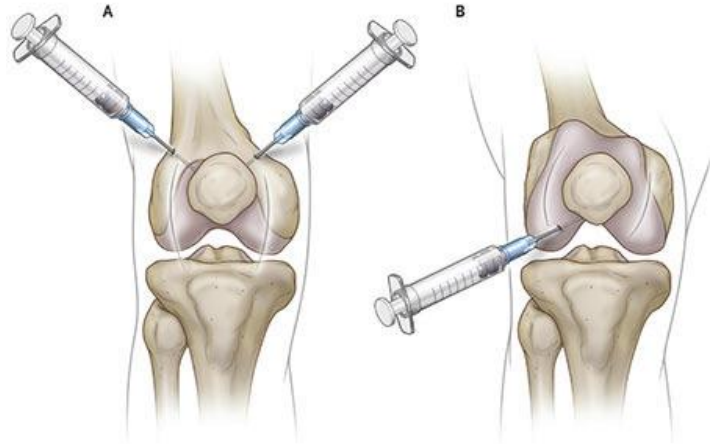
## STEROID JOINT INJECTION

### WHY IS THIS PROCEDURE PERFORMED?

- A *Steroid Joint Injection* is used to diagnose a variety of musculoskeletal conditions.
- Also used as a form of therapy for musculoskeletal conditions.

### WHAT HAPPENS DURING THIS PROCEDURE?

- Depending on the type of injection, the physician will either numb the joint with an injection of lidocaine or use a topical cream to numb the area.
- They will then mark the area the needle will travel and sterilize the spot.
- The needle will be inserted, and the medication will be released.
- After the medication is injected, the needle is removed, and the area is bandaged.



### WHAT DO I NEED TO KNOW BEFORE MY PROCEDURE?

- Some possible side effects with this procedure include:
  - Pain
  - Discomfort
  - Bruising
  - Swelling
- The result of the injection depends on the reason for the injection.
- In most cases results will appear around 48 hours after injection.
- After the procedure it is advised to avoid lifting and any strenuous activities.